



AUKC Summary of Services

Katherine Street Office

Information & Advice – Helpline **0845 600 1090** Visit our web site www.ageuk.org.uk/croydon

Advocacy

Support offered to speak up about things which affect clients. Where required, AUKC can speak on their behalf

Housing Options

Information and advice on accommodation available and assistance given to complete housing applications

Welfare Benefits

Offer benefit checks and help with to complete Benefit Application forms. AUKC can also assist with reviews and appeal decisions

Partnership for Older People Bus

Mobile advice service; AUKC are partners. For locations, visit www.croydonpop.org.uk or **Tel: 020 8654 4440**

Warm Up Croydon

Providing information and advice on energy savings

Home From Hospital

Support offered when leaving hospital and settling back into home life **Tel: 020 8401 3590**

Directory of Services(Online at www.ageuk.org.uk/croydon)

These services can be accessed by drop-in or appointments at **2 Katherine Street, Croydon CR0 1NX**
Outreach Surgeries are also offered around the borough. For further information please ring **020 8680 5450**

Brigstock Road

Home Services (*Charges Apply. Please contact 020 8683 7120 for more information*).

Home Maintenance

Offer a wide range of DIY tasks from changing light bulbs, fuses and washers, to painting and decorating

Help @ Home

Offer regular domestic support including shopping, cooking, cleaning and laundry. One off seasonal cleans can be arranged

Nail Care

Offer basic finger and toe nail cutting at a variety of community venues across the Borough

Trades Persons List

Offer a list of local traders, for whom the relevant checks have been carried out. However AUKC makes no direct endorsement or recommendation of any of the traders.

OTHER PROJECTS

Smart Health

Encouraging healthy living for older people and the two current areas covered are Waddon and Addiscombe

Men's Project

Encouraging men to be more active within their community

Personal Safety Project

Advice and practical help to reduce the risk of falls, and to promote independence for older people

Activities in Scratchley Hall

Offered during the Day and Evening; includes Balance and Movement, Ping Pong, You Can Sing and Bingo. There are also Special events, Outings and Holidays. Available to hire are a hall and meeting rooms. Charges apply.

The above services are offered at **81 Brigstock Road, Thornton Heath, CR7 7JK** or Contact **020 8683 7100**